

Sunday, 28 July – London Triathlon Olympic (1500m/40k/10k, 4589 finishers)

Race#	Forename	Surname	Gender	GenderPos	Cat	CatPos	Total	Pos	Swim	Rank	T1	Rank	Bike	Rank	T2	Rank	Run	Rank
6733	Michael	Duncan	Male	11	M25-29	2	02:05:08	11	00:24:35	91	00:02:56	25	00:56:17	34	00:01:53	38	00:39:29	104
6927	Dean	Ratcliffe	Male	12	M45-49	1	02:06:03	12	00:23:23	38	00:03:16	105	00:57:28	58	00:02:09	218	00:39:49	127
5519	Adam	Featherstone	Male	164	M40-44	15	02:17:23	170	00:28:35	652	00:03:09	65	01:03:29	586	00:02:05	136	00:40:07	152
6930	Paul	Sparks	Male	208	M45-49	6	02:18:15	214	00:27:47	455	00:03:09	67	01:05:10	873	00:01:52	32	00:40:18	169
10617	David	Paine	Male	224	M25-29	59	02:18:40	230	00:29:50	1044	00:03:36	307	00:58:10	81	00:02:09	206	00:44:57	866
7679	Deborah	Hope	Female	7	F35-39	2	02:18:52	234	00:28:27	622	00:03:05	49	01:01:54	353	00:02:09	212	00:43:18	531
6920	Dean	Painter	Male	357	M45-49	17	02:21:54	366	00:27:37	410	00:03:23	156	01:04:40	786	00:02:09	216	00:44:07	680
6987	Andri	De-Witt	Female	18	F35-39	4	02:26:59	672	00:26:48	294	00:03:14	88	01:10:43	2008	00:02:01	95	00:44:15	706
5242	Richard	Ebanks	Male	1941	M45-49	129	02:43:15	2103	00:40:20	4032	00:04:24	1379	01:06:55	1204	00:02:36	1138	00:49:02	1935
7385	Matthew	Lovelock	Male	3022	M35-39	609	03:00:44	3454	00:36:21	3255	00:06:29	3916	01:11:24	2150	00:04:11	3932	01:02:21	4071
7775	Claire	Furze	Female	476	F40-44	59	03:03:46	3619	00:37:55	3629	00:05:23	2932	01:21:50	3837	00:03:21	2957	00:55:18	3267

London Triathlon Sprint (750m/20k/5k, 2082 finishers)

Race#	Forename	Surname	Gender	GenderPos	Cat	CatPos	Total	Pos	Swim	Rank	T1	Rank	Bike	Rank	T2	Rank	Run	Rank
3148	Matthew	Tugwell	Male	429	M35-39	81	01:32:27	480	00:19:00	1011	00:03:50	161	00:39:02	304	00:02:06	63	00:28:30	887
2031	Laura	Day	Female	94	F20-24	9	01:36:06	689	00:14:53	149	00:04:16	372	00:42:58	849	00:02:54	900	00:31:07	1316

Ocean Lake Tri Junior Triathlon (Tristar 2, 200m/3.3k/1.5k, 10 finishers)

Race No	Pos	First	Last	Gender	Swim	Bike	Run	Finish
237	1	Samuel	Painter	Male	00:04:29	00:13:45	00:02:31	00:20:45

Ocean Lake Tri Junior Triathlon (Tristar 1, 100m/2.3k/1k, 11 finishers)

Race No	Pos	First	Last	Gender	Swim	Bike	Run	Finish
213	1	Katie	Painter	Female	00:02:58	00:09:49	00:02:28	00:15:15
214	4	Sophie	Painter	Female	00:03:51	n/a	n/a	00:17:58