

Bridge Triathlon Cyclopark Summer Duathlon series

Deb Hope 1st Female, Stu Mcleod 3rd Male

Saturday 28 September – Great Lines parkrun (5k, 144 finishers)

Pos	parkrunner	Time	Cat	Grade	Gender	Pos	Club	Note	Runs
16	Paul ALBON	21:02	SM25-29	61.33%	M	16	MedwayTri	First Timer!	18 100

MedwayTri Aquathlon – See all results on www.medwaytri.com

Hever Castle Sprint (400m/20k/4k, 501 finishers)

Pos	Bib #	Athlete Nam	Gender	Cat	Swim	T1	Cycle	T2	Run	Time
432	1281	John Heaney	M	V40	00:12:21	00:03:15	00:44:48	00:01:54	00:21:22	01:23:42
486	1358	Leigh Stace	M	V40	00:12:49	00:02:26	00:46:18	00:01:41	00:21:49	01:25:06
1292	1357	Darryl Stace	M	V40	00:15:29	00:04:14	01:41:23	00:03:20	00:33:22	02:37:51

Sunday 29 September - Hever Castle Mid Distance (800m/40k/8k, 299 finishers)

Pos	Bib #	Athlete Name	Gen	Cat	Swim	T1	Cycle	T2	Run	Time
25	1812	Steve Lawson	M	SEN	00:15:57	00:01:54	01:20:16	00:01:31	00:40:22	02:20:04
45	1754	Dan Butler	M	V40	00:17:39	00:01:43	01:19:43	00:01:28	00:43:46	02:24:23
64	1811	Edward Lawson	M	V40	00:17:27	00:03:29	01:22:58	00:02:03	00:44:56	02:30:56
276	1778	John Edwards	M	V40	00:20:48	00:04:57	01:46:21	00:02:25	01:00:49	03:15:23

Saturday 5 October – Great Lines parkrun (5k, 98 finishers)

Pos	parkrunner	Time	Cat	Grade	Gender	Pos	Club	Note	Runs
3	Dean PAINTER	19:35	VM45-49	74.13%	M	3	MedwayTri	First Timer!	3

Saturday 5 October – Kent Cross Country League (186 finishers)

Pos	Gun Time	Name	Club	Cat	Race No
53	00:38:22	Mark Laing	Med Tri	V40	278
86	00:40:42	Gordon Forrest	Med Tri	Senior	282
100	00:41:29	Adam Featherstone	Med Tri	V40	280
147	00:46:04	Chris Ford	Med Tri	V45	283
186	00:56:53	Chris Parry	Med Tri	V40	276

Sunday 6 October – Garmin Barcelona Triathlon Olympic (1500m/40k/10k)


Male (1844 finishers)

Nr	Bib	Name	Finish	Swim	T1	Bike	T2	Run
44	385	Dean Ratcliffe	02:09:13	00:23:05	00:02:09	01:00:14	00:01:57	00:41:50

Female (183 finishers)

Nr	Bib	Name	Finish	Swim	T1	Bike	T2	Run
9	2046	Andri De Wit	02:26:39	00:27:48	00:01:58	01:07:38	00:02:14	00:47:02

Ride of the Falling Leaves (110Km)

Bibno.	Finish time	Participant	Club/Company/Sponsor	Start time	Pace
478	4:29:12	 Richard James	MedwayTri	8:13:35	2:26 min/km