

Saturday 16 November – Greatlines parkrun (5k, 126 finishers)

Pos	parkrunner	Time	Cat	Grade	Gender	Pos	Club	Note	Runs
51	Miriam SIMMONS	00:27:14	VW45-49	59.49%	F	11	MedwayTri	PB stays at 00:27:10	6

South East School's Biathlon – Medway Park

Under 10 Girls (31 competitors)

Pos	No	Name	Swim (50m)			Run (800m)			Total Pts
			Time	Pos	Pts	Time	Pos	Pts	
27	248	Enya Gibbs	00:50.1	28	1000	03:26.8	24	826	1826

Under 10 Boys (18 competitors)

Pos	No	Name	Swim (50m)			Run (800m)			Total Pts
			Time	Pos	Pts	Time	Pos	Pts	
15	224	Zak Austin	01:10.9	16	376	03:14.7	12	925	1301

Under 11 Girls (48 competitors)

Pos	No	Name	Swim (50m)			Run (800m)			Total Pts
			Time	Pos	Pts	Time	Pos	Pts	
2	364	Katie Painter	00:41.1	23	1120	02:51.9	3	1273	2393
12	359	Olivia Elvy	00:37.5	9	1228	03:09.9	19	1003	2231
13	365	Sophie Painter	00:43.8	30	1036	03:01.8	6	1123	2159
41	341	Ella Hope	00:46.2	40	970	03:32.8	39	661	1631

Under 13 Girls (32 competitors)

Pos	No	Name	Swim (100m)			Run (1600m)			Total Pts
			Time	Pos	Pts	Time	Pos	Pts	
4	481	Lilly Gibbs	01:17.5	13	1164	05:58.0	2	1260	2424

Under 13 Boys (19 competitors)

Pos	No	Name	Swim (100m)			Run (1600m)			Total Pts
			Time	Pos	Pts	Time	Pos	Pts	
2	476	Samuel Painter	01:10.1	5	1140	05:32.7	1	1337	2477

Under 14 Boys (15 competitors)

Pos	No	Name	Swim (100m)			Run (1600m)			Total Pts
			Time	Pos	Pts	Time	Pos	Pts	
5	547	Flynn Hope	01:13.3	6	1016	05:43.1	7	1210	2226
10	544	Quinn Austin	01:31.6	13	652	05:33.6	5	1257	1909

Sunday 17 November – Deal Tri Winter Duathlon Series 2013/14 - Round 1

Position	Name	Sex	Run 1	Rank	Bike	Rank	Run 2	Rank	Finish Time	
19	Quinn Austin	J	00:12:43	14	00:33:18	20	00:13:06	15	00:59:07	Guest